

VibraLITE® Vibration Watches Model Comparison Chart

	VL200 series	VL300 series	VL8 series	VL12 series	VM (MINI) series
Number of Preset Alarms	2	2	8	12	12
Alarm Duration	20 second	20 second	20 second	20 second	20 second
Number of Countdown Timers	1	1	1	2	1
Countdown Timer Reset:	Manual	Automatic	Automatic	Automatic	Automatic
Countdown Timer Alarm Duration	20 second	20 second	5 sec (repeats counted)	#1: 5 sec; #2 10 sec. (repeats counted)	20 second
Reminders Before Countdown zero	10 minutes & 5 minutes	10 minutes & 5 minutes	10 minutes & 5 minutes (optional on/off)	10 min, 5 min & 30 sec (optional on/off)	NO
Number of Time Zones	2	2	3	3	1
EL Light stays on:	3 seconds	3 seconds	push button within 3 sec	push button within 3 sec	push button within 3 sec
Text Prompts	NO	NO	YES	YES	YES
Alerting Methods	Vibration, Sound, or Both	Vibration, Sound, or Both	Vibration, Sound, or Both	Vibration, Sound, or Both	Vibration, Sound, or Both
Hourly Alert Option	YES	YES	YES	YES	NO
Set Vibration/Sound:	in CALENDAR mode	in CALENDAR mode	in OPTION mode	in OPTION mode	in OPTION mode
Sound dB gain at 12" (30cm)	63.8	60.2	VL8A: 58.2 ; VL8S:53.1	56.7	55.2
Lock out Feature	NO	NO	NO	NO	YES
Accuracy: (per month)	+/- 90 seconds	+/- 90 seconds	+/- 30 seconds	+/- 30 seconds	+/- 30 seconds
Display Time Digit Size (in mm)	4.29 H X 2.44 W	4.29 H X 2.44 W	9.6 H X 3.87 W	6.8 H X 2.9 W	4.8 H X 3 W
Case Material	Polycarbonate	Polycarbonate	VL8A: Polycarbonate VL8S: Stainless Steel	Aluminum	Polycarbonate
Lens (crystal)	PMMA Poly(methyl methacrylate)	PMMA Poly(methyl methacrylate)	VL8A: PMMA Poly(methyl methacrylate) VL8S: Mineral Glass	Mineral Glass	PMMA Poly(methyl methacrylate)
Battery	CR2032	CR2032	CR2032	CR2032	CR1632
Case Dimensions in mm: W x L x D	42 X 45 X 14	42 X 45 X 14	VL8A: 43.7 X 48.4 X 13.5 VL8S: 42 X 59 X14	39.5 round X 15.8 D	30.5 X 38.5 X 12.3
Watch Weight	1.6 ounces	VL300V series: 1.6 oz VL300L series: 1.7 oz VL300S series: 3.2 oz	VL8A: 1.8 ounces VL8SL: 4 ounces VL8SS: 8 ounces	VL12V series: 2 ounces VL12L series: 2 ounces VL12S series: 2.2 ounces VL12SSM: 2.6 ounces	.9 ounces
Band Material	Leather/Nylon	VL300L series: Leather VL300S series: Stainless Steel VL300V series: Hook & Loop	VL8A: Polyurethane VL8SL: Leather VL8SS: Stainless Steel	VL12V series: Hook & Loop VL12L series: Leather VL12S series: Silicon VL12SSM: Stainless Steel Mesh	VM-V series: Hook & Loop VM-L BK: Leather/Nylon VM-L-P: Leather Strap & Keeper
Wrist Sizes (approx.)	6 1/4" - 7 7/8" (16cm - 20cm)	VL300V: 6 1/4"-7 1/2" (16cm-19cm) VL300L-BK 6 5/8"-9" (17cm-23cm) VL300L-P: 5 1/8"-7 1/2" (13cm-19cm) VL300SS: 5 1/8"-7 7/8" (13cm-20cm) (add/remove links to fit more sizes)	VL8A: 5"-7 1/2" (12.5cm-19cm) VL8SL: 5 7/8"-7 7/8" (15cm-20cm) VL8SS: 5 3/4"-8 1/2" (14.5cm -21.5cm) (add/remove links to fit more sizes)	VL12V: 6 1/4"-7 7/8" (16cm-20cm) VL12L: 4 1/2"-7 7/8" (11.5cm-20 cm) VL12S: 4 3/10"-7 7/8" (11cm-20 cm) VL12SM: 5 1/10"-7 7/8" (13cm-20cm)	VM-V regular size 5 1/2" - 7 1/4" (14cm -18cm) VM-V extra small 4 3/4" -5 3/4" (12cm - 14.6cm) VM-LBK: regular 4 1/2" - 7 3/8" (11.5cm - 18.5cm) VM-LPL regular: 4 3/4" - 7 1/4" (12cm - 18cm)
User Manual	English	English	English	English, Spanish, French, German, Italian, Japanese	English, Spanish, French, German, Italian, Japanese
Approvals	CE, RoHS	CE, RoHS	CE, RoHS	CE, RoHS, CPSIA	CE, RoHS, CPSIA
Water Resistance* (see note below)	3ATM	3ATM	VL8A: 3ATM VL8S: 5ATM	3ATM	5ATM

Standard, ISO 22810 for Water Resistance ensures resistance of penetration of water entering the case. To maintain water resistance the crown, pushers, lens, case and gaskets must remain intact. When changing the battery, ensure O-ring is installed in O-ring tube securely before repositioning case back. Avoid chemical exposure that can cause etching of case and hitting the case heavily. We recommend avoiding swimming while wearing the watch.